



10 years and growing stronger



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Easy & Convenient



A FREE Workshop & Lunch Outing for Seniors!

# TAKING THE BUS

It's easier than it seems!



## Upcoming Workshops

Thurs. October 19, 11:00-2:00, Barton Street Library, featuring a special presentation by Friendly Streets Hamilton

Tues. October 24, 11:30-2:30, Dundas Library

Wed. November 15, 11:00-2:00, Fortino's Mall Road

**Space is limited. Registration Required. Contact**

Shelagh Kiely: 905-777-3837 ext. 12238 | [www.coahamilton.ca](http://www.coahamilton.ca)

A Program of HCoA. In Partnership with the City of Hamilton, Retired Teachers of Ontario, Hamilton Public Library & Friendly Streets Hamilton.

